



MY TRIP TO DUBLIN

By Benjamin Wallace

THE TRIP

- On Sunday I went to The National Aquatic Centre in Dublin to swim for Holywood Primary School in the Irish Minor Schools Championships.
- It was a long trip we left Holywood at 6.30am, It took a long time to get there we stopped at Applegreen on the way. I had a break to stretch my legs and get a drink. My dad was out of the toilets first and I thought that he got the drinks and had gone back to the car, so I left Applegreen and got in the car realising that my dad was not in the car....I laughed and went back in Applegreen. Then I got a crossiant and then left with my dad. We carried on with our trip.

DUBLIN

- We arrived the pool at 8am. Once I got there I facetimed my brother and I showed him the pool and he was amazed because it was the size of a football pitch!



MY WAIT

- I waited for my race for quite a while, I was race 8 out of 25. I was competing in the 50 meter backstroke.

WARM UP

- I did a few lengths of backstroke, butterfly, breaststroke, front crawl and IM for 5 minutes or so to warm up.

MY RACE

- At about 10.30 my dad said it was my turn. When I got down to poolside a lady organised everyone into a queue, when the race in front of me had gone I went to the blocks to get ready. I heard three whistles and one long whistle so I got into the water and waited for take your marks (the positions in the picture) GO I blasted in the air like a rocket ship and back into the water. I zoomed through the water and after 1 length did a tumble turn and zoomed right back and I touched the wall fifth.



MY RACE

- I had a great day and even though I didn't get a medal I got a PB for my race and I loved the opportunity to take part in a national competition. Hopefully I will get the chance to represent Holywood Primary again!

